

مسنون دعا

Masnoon Dua'a, Supplication of the Week

Topic: *Mua'awadhaat*, مُعَوِّذَاتٍ Protection Prayers

Supplication No. 6

وَعَنْ زَيْدِ بْنِ أَرْقَمٍ رَضِيَ اللَّهُ عَنْهُ قَالَ : كَانَ رَسُولُ اللَّهِ
يَقُولُ : اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ ، وَالْبُخْلِ
وَالْهَرَمِ ، وَعَذَابِ الْقَبْرِ .

Zaid bin Arqam (May Allah be pleased with him) reported that The Messenger of Allah (Peace be upon him) would supplicate: O Allah! I seek refuge in You from helplessness (*inability to do good*), lethargy (*being tardy, dull, and unenergetic, or indifferent and lazy*), miserliness, decrepitude (*feebleness especially evil effects of old age*) and torment of the grave. "

The Prayer to learn this week 06

اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْعَجْزِ وَالْكَسَلِ ، وَالْبُخْلِ
وَالْهَرَمِ ، وَعَذَابِ الْقَبْرِ .

O Allah! I seek your refuge against

- Helplessness (*inability to do good*),
- Lethargy (*being tardy, dull, and unenergetic, or indifferent and lazy*),
- Miserliness,
- Decrepitude (*feebleness especially evil effects of old age*), and
- Torment of the grave.